

# MOBILE PSYCHIATRIC REHABILITATION SERVICES (MPRS)

MPRS is community-based, and delivered in the individual's chosen environment (e.g. home, place of employment, school or any safe location). While developing community supports, staff accompany and assist individuals in accessing and utilizing resources and supports.



Individuals can develop skills in a wide range of community- and home-based activities, including, but not limited to:

- Obtaining and maintaining safe housing
- Managing health and wellness challenges
- Reducing behavioral health symptoms
- Engaging in community activities
- Practicing healthy leisure and socialization skills
- Adopting consistent physical and emotional self-care practices
- Planning and preparing nutritious meals
- Using Public Transportation
- Building time management skills
- Budgeting and handling money
- Developing communication/interpersonal skills

New Vitae Wellness and Recovery is also able to offer **Enhanced MPRS**, reserved for individuals who have experienced significant challenges in their living situation and require more intensive services to achieve recovery goals. Our enhanced MPRS service offers access to 24/7 supports and crisis intervention services to permit additional individualization of supports.



# New Vitae

WELLNESS AND RECOVERY

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## New Vitae...Your New Life

New Vitae Wellness and Recovery offers seamless integration of clinical and residential services for adults that includes:

- **Strength-based** and **trauma-informed care**
- **Neurocognitive Rehabilitation Services**
- **Residential Treatment for Adults**, enhanced Personal Care Homes, and apartments with varying levels of supervision
- **Intensive Outpatient Services** to assist those with **alcohol** or **other drug challenges**
- **Partial Hospitalization Program** supports for more intensive services
- **Outpatient services**, including medication management, individual therapy, and group therapies
- **Deep Transcranial Magnetic Stimulation (dTMS)** and **Cranial Electrotherapy Stimulation (CES)** services
- **Mobile Psychiatric Rehabilitation Services**
- **Certified Peer Specialists**
- Clinical expertise to serve **veterans, young adults** aged 18 to 25, the **LGBTQIA+** community, and those with long-term diagnoses (e.g. **Co-occurring** disorders, **Brain Injury, Intellectual Disabilities**, and **Autism** and related disorders)

*New Vitae Wellness and Recovery does not discriminate on the basis of race, color, gender, religious creed, disability, handicap, ancestry, sexual orientation, national origin, or limited English proficiency.*